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### Authorization to release/exchange confidential information

This form cannot be used for the re-release of confidential information provided by other individuals or agencies. Such requests should be referred to the original individual or agency. I understand that My Buoyant Health will provide records but not participate in any legal matters regarding the patient's care without prior approval. This includes but is not limited to family court, child custody, drug or alcohol diversion.

I authorize My Buoyant Health to communicate with {Name, address, phone number, fax):

- \_\_\_\_\_ release to:
- \_\_\_\_\_ obtain from:
- \_\_\_\_\_ exchange with:

The following information pertaining to myself:

- \_\_\_ treatment summary
- \_\_\_ substance abuse treatment information
- \_\_\_ psychiatric evaluation/medication history
- \_\_\_ Other (please specify) \_\_\_\_\_

For the purpose of:

- \_\_\_ evaluation/ assessment and/or coordinating treatment efforts
- \_\_\_ other (please specify)

The consent will automatically expire one (1) year after the date of my signature and I understand I have the right to refuse to sign this form, and that I may revoke my consent at any time (except to the extent that the information has already been released).

\_\_\_\_\_  
Signature of client

\_\_\_\_\_  
Date